Financial contribution from

Health Canada  Santé Canada
Conferences will be held in French only
The PROFESSIONAL EXCELLENCE PROGRAM (PEP) led by the CNFS – Volet Université d'Ottawa provides French-language continuing education in various health fields and aims to:

- improve daily practices of professionals in Francophone minority communities
- foster exchanges among health professionals

Registration free of charge: cnfs.ca under the tab Professionnels - Conférences.

NOTE
Conferences are held from 12:00 noon to 1 p.m. (Eastern Time). Please make sure to adjust according to your time zone.

The Consortium national de formation en santé (CNFS) is a pan-Canadian group of sixteen universities and colleges that offer French-language education in various health disciplines.

The University of Ottawa is one of sixteen university and college partners that constitute the CNFS.

January 18, 2024
A history of medical cannabis and new perspectives

MICHELLE DION, MD
Family Physician
University of Alberta, Saint-Jean Campus

LEIKAR LAM
Student
University of Alberta, Saint-Jean Campus

- Describing new laws pertaining to cannabis possession and use
- Understanding cannabis mechanisms of action
- Defining potential directions for medical cannabis use
- Identifying health risks of cannabis use

February 7, 2024
Facing mental health challenges together with (self)compassion

ROXANE DE LA SABLONNIÈRE, Ph. D.
Full Professor
University of Montréal

MAE MIGLIANICO, M.PS, Ph.D(C)
Clinical Psychologist
Clinique de psychologie positive, HEC Montréal

- Understanding current social changes
- Describing the psychological impact of social changes with respect to emotions
- Developing strategies leading to the improvement of individual and collective wellbeing with (self)compassion

March 5, 2024
Cultural security: experiencing contact differently

NORA ABIBSI, M.Sc.S., PHT
Clinical Counsellor
Cree Board of Health and Social Services of James Bay

- Defining cultural security
- Understanding the three dimensions of cultural security (and insecurity)
- Acquiring tools to better progress toward cultural security practice

April 16, 2024
Fall prevention, where to begin?

JENNIFER O'NEIL, PHT, Ph. D
Physiotherapist and Assistant Professor
University of Ottawa

ANNIE BOUDREAU, PHT
Physiotherapist
Vitalité Health Network

- Recognizing the importance of prevention and identifying risk factors for falls
- Describing the program Marche vers le futur and its impact within Francophone communities
- Describing and developing strategies for successful implementation in your locality

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