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Conferences will be held in French only

The PROFESSIONAL EXCELLENCE PROGRAM (PEP) led by the CNFS – Volet Université d’Ottawa provides French-language continuing education in various health fields and aims to:

- improve daily practices of professionals in Francophone minority communities
- foster exchanges among health professionals

Registration free of charge: cnfs.ca under the tab Professionnels - Conférences.

NOTE
Conferences are held from 12:00 noon to 1 p.m. (Eastern Time). Please make sure to adjust according to your time zone.

The Consortium national de formation en santé (CNFS) is a pan-Canadian group of sixteen universities and colleges that offer French-language education in various health disciplines. The University of Ottawa is one of sixteen university and college partners that constitute the CNFS.

September 15, 2023
How to manage your time and energy more efficiently?

RAPHAEL RENAUD
Instructor at the University of Ottawa’s Professional Development Institute RRESULTS and University of Ottawa

- Reviewing the four energy pillars
- Regaining control over your agenda and your mailbox
- Looking at how to better manage your workload

October 18, 2023
Dealing with eroding empathy in a caregiving context

CHARLES-ANTOINE BARBEAU-MEUNIER, M.D., M.A.
Resident physician

- Addressing the role of empathy in relation to suffering and compassion
- Recognizing the components of empathy that can be modulated
- Using strategies to foster empathy competency

November 16, 2023
The notion of care among academics

STÉPHANIE GAUDET, Ph. D.
Full professor of sociology and Director of the Centre for Interdisciplinary Research on Citizenship and Minorities at the University of Ottawa

- Understanding the concept of gender
- Developing a critical insight into the organization of work
- Understanding the complexity of emotional and professional burdens associated with training-related work