At the end of this workshop, the participant will understand Kolb’s learning cycle and will be able to take into account the factors that influence learning. He will also be familiar with the various learning styles and will identify his preferred way of learning, as a learner or as an educator. He will be able to use coaching strategies that are appropriate to different learning styles or to the clinical context, as well as stimulate the trainee to experiment with a different learning style.
Competency

Integrate the notion of learning styles in one's professional practice.

Units

Unit 1: Learning and Kolb's cycle
Unit 1.1 Definition of learning
Unit 1.2 Kolb's cycle

Unit 2: Learning styles
Unit 2.1 Introduction to styles
Unit 2.2 The four learning styles
Unit 2.3 The VARK styles

Unit 3: Supervision and styles
Unit 3.1 How is the concept of style effectively integrated?
Unit 3.2 Support strategies and learning styles